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**Acupuncture Fellowship Program at Beth Israel Medical Center
Integrates Acupuncture into Inpatient Care Across Hospital Specialties**

New York, NY (June 11, 2010) Beth Israel Medical Center in Manhattan is now providing inpatient acupuncture to patients in the areas of surgery, orthopedic surgery, family medicine, internal medicine, oncology, cardiac step-down, and pulmonary rehabilitation. Licensed acupuncturists work through the Department of Integrative Medicine's Fellowship Training Program in Acupuncture and Inpatient Care.

“Acupuncture has been extensively studied for inpatient care and is shown to reduce post-operative nausea and vomiting, anxiety, pain and the need for pain medication - all of which speeds recovery,” says Arya Nielsen, PhD, director of the program. “Patients at Beth Israel now have access to acupuncture services, which are not typically available within hospital settings.”

The goal of the program is to integrate acupuncture to inpatient care across hospital specialties while creating an opportunity for licensed acupuncturists to work in a hospital setting. The fellowship is open to qualified licensed acupuncturists who have an interest in integrative medicine, in the development of research and in advancing standards of acupuncture practice to include inpatient and hospital-based care.

Started in the fall of 2008, Beth Israel acupuncture fellows work with existing hospital providers on patient care and in research development across various disciplines. The fellows work a minimum of two four-hour shifts per week, providing care to patients at Beth Israel Medical Center. Fellows also participate in the Department's Integrative medicine lecture series and patient round meetings. Fellows are also involved in research development by identifying areas of potential study, contextualizing through literature searches, proposal writing that meets Institutional Review Board (IRB) standards and preparation of articles for medical journal publication.

If you'd like to interview Dr. Nielsen and/or see the program in action, please contact Elizabeth Dowling in the public affairs office at: 212-523-4047.

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